

Ftajjar

Tat-Tonn... €5.50

Tuna flakes, sun-dried tomatoes, olives, capers, onion, tomato paste, fresh mint.

Tal-Ġbejniet... €5.50

Fresh sheep cheeselet, dried sheep cheeselet, peppered sheep cheeselet, tomatoes, fresh basil, fresh mint, olive oil.

Tal-Pekorin u Salami... €6.50

Salami, Pecorino, aubergine paste, tomatoes, onion slices, lettuce, oregano, olive oil.

Taz-Zalzett Niexef... €5.50

Smoked pork sausage, pickled egg, pickled onion, tomato slices, onion slices, lettuce, olive oil.

Tal-Majjal... €8.75

Homemade Porchetta, Maltese style roast potato, garlic sour cream, aubergine paste, rosemary butter.

Tal-Koxxa... €5.50

Gammon ham, cheddar slices, salted rosemary butter, tomato slices, lettuce.

Tal-Mortadella... €6.00

Mortadella, fresh sheep cheeselet, rucola pesto, tomatoes slices, fresh rucola, olive oil.

Tad-Dundjan... €6.00

Roasted turkey, sun-dried tomato, pesto, roasted bell peppers, fresh onion, fresh basil leaves, rucola salad.

Tal-Haxix... €5.50

Gardiniera, butter beans in parsley and garlic, tomato slices, lettuce, olive oil.

Bajd u Bejken... €8.75

Eggs, bacon, caramelised onions, tomatoes, garlic mushrooms, tomatoes.

Zalzett, Bajd u Ġbejna... €7.50

Maltese sausage, eggs, dried sheep cheeselet, sun-dried tomatoes, lettuce.

Platters

Tal-Gabillott... €10.00

Dry ġbejna, peppered ġbejna, fresh ġbejna, gardeniera, olives, sun-dried tomatoes, pickled onions, capers, kunserva, bigilla, pickled eggs, butter beans, maltese bread.

Ta' Barra... €10.00

Parmesan, pecorino, burrata, salami, parma ham, black olives, olive tapenade, breadsticks, rucola.

Tal-Chazla Tieghek... €10.00

Selection of 6 items from our deli counter.

Breakfast Menu

(served till 10am)

Our Sourdough

Avocado Sunrise... €7.25

Creamy avocado topped with an egg, fresh tomato slices, chive cream, and a sprinkle of micro-greens on toasted sourdough.

Beetroot Garden... €7.75

Vibrant beetroot hummus spread over sourdough, layered with cottage cheese, juicy pomegranate, roasted chickpeas, and micro-greens.

Mediterranean Pesto Burrata... €9.50

Rich rucola pesto and burrata paired with ripe tomatoes, pistachios, and micro-greens on warm sourdough. A taste of the Mediterranean in every bite.

Honey Berry Crunch... €7.00

Creamy peanut butter on toasted sourdough, topped with banana, berries, walnuts, a drizzle of honey, and a dusting of cinnamon.

Hobż mixwi bil-Butir... €4.25

Maltese style buttered toast, with ham, cheese, and a side of burschetta mix.

Ham Panina... €2.50

fresh local ingredients



traditional Maltese food

Tal-Malti Sandwiches

(subject to availability)

Tal-Malti Ham & Cheese... €5.00

Maltese bread, butter, ham, cheddar, tomatoes, lollo bianco.

Tal-Malti Sausage & Egg... €5.25

Maltese bread, sausage, egg, butter, honey mustard, caramelized onions.

Tal-Malti Chorizo & Roast Peppers... €5.25

Maltese bread, roasted coloured peppers, butter, chorizo.

Tal-Malti Porchetta & Caramelized Onion... €6.50

Maltese bread, butter, porchetta, caramelized onions, romaine lettuce.

Tal-Malti Bufala & Pesto... €7.00

Maltese bread, basil pesto, mozzarella di bufala, tomatoes.

Healthy

(subject to availability)

Granola Cup... €3.75

Natural yoghurt with crunchy granola, topped with berries and a drizzle of honey.

Chia Seed Pudding Cup... €3.50

Chia-almond yoghurt, lightly sweetened with honey and cinnamon, topped with berries and coconut flakes.

Overnight Oats Cup... €3.85

Creamy oats, with honey, yoghurt, peanut butter & cinnamon. Topped with fruit and crunchy nuts.

Seasonal Fruit Cups... €3.75

Seasonal & local fresh fruits.

Salads

Tuna Salad... €6.00

Tuna in oil, mint, capers, mixed salad, raddish, egg, tomato, cucumber.

Chicken Caesar Salad... €8.25

Romaine lettuce, caesar dressing, oregano, cherry tomatoes, parmesan, chicken, bacon, croutons.

Quinoa Salad... €6.00

Mixed grilled veg, mint, oregano, lemon dressing, cherry tomatoes, raddish, quinoa.

Beetroot & Ġbejna Salad... €6.00

Mixed salad, cherry tomatoes, cucumber, mint, oregano, lemon dressing, beetroot, honey, walnuts, fresh ġbejna.

Pesto Pasta Salad... €7.25

Penne, basil pesto, cherry tomatoes, pine nuts, mozzarella di bufala.

Baguettes

(subject to availability)

Chicken Baguette... €5.50

Sun-dried tomato mayo, lettuce, cucumber, mayo, chicken, raddish.

Tuna & Olive Baguette... €5.50

Olive oil, green olive tapenade, mixed leaves, tomatoes, tuna in oil, oregano.

Grilled Veg Baguette... €5.50

Olive oil, oregano, tomatoes, fresh ġbejna roast vegetables, rucola, honey, mint.

Ġbejna & Pesto Baguette... €5.50

Oregano, rucola, tomatoes, fresh ġbejna, mint, basil, basil pesto.

Smoked Gammon Baguette... €6.00

Gammon, onions, mature cheddar, cucumber, mixed lettuce, rosemary butter.

Desserts

Kannoli bl-irkotta tan-nagħaġ... €3.50

Pudina tal-Hobż... €2.50

Helwa tat-Tork... €3.00

Plain Croissants... €2.50

Filled Croissants... €3.00

Pasta Frolla tat-Tamal... €2.75

Pasta Frolla tal-Lewż... €2.75

Pasta tal-Coconut... €2.75

Checkout our display for more seasonal desserts

Ice Cream

(cup or cone option & free toppings incl.)

Flavours: Helwa tat-Tork, Ġelat tan-nanna, Tal-Imqaret, Chocolate with gozitan salt, fior di latte, seasonal fruit

1 Scoop ... €2.50

2 Scoops... €4.00

3 Scoops... €5.00

Whole Tub 750ml... €12.00

Milkshakes

Helwa tat-Tork (Turkish Halva)... €4.00

Tan-Nanna (Fruit and Nuts)... €4.00

Chocolate & Gozo Sea Salt... €4.00

Tal-Frawli (Strawberry)... €4.00

Fior Di Latte... €4.00

Imqaret (Dates)... €4.00

Iced Teas

Iced-Tea Peach... €2.00

Iced-Tea Lemon... €2.00

Organic Soft Drinks

Pomegranate... €4.00

Peach Tea... €4.00

Lemon Tea... €4.00

Orange... €4.00

Lemon... €4.00

Hot Drinks

Espresso... €1.50

Espresso Macchiato... €1.80

Espresso Doppio... €2.20

Cortado... €2.60

Cappuccino... €2.50

Latte... €2.70

Long Black... €2.50

Maltese Coffee... €2.50

Instant Coffee... €1.50

Glass of Milk... €1.25

Hot Chocolate... €3.10

Mocha... €3.50

Chai Latte... €3.10

Dirty Chai... €3.50

Te' fit-Tazza (english breakfast tea)... €1.20

Flavoured Tea... €2.35

Extras ... €0.50

Syrups - Caramel/Hazelnut/Vanilla

Alternative Milks - Soya/Coconut/Almond/Oat

Whipped Cream

Iced Drinks

Iced Latte... €3.00

Iced Americano... €2.80

Iced Cappuccino... €3.50

Iced Chai Latte... €4.00

Maltese Iced Tea... €2.80

Fresh Orange Juice... €3.50

Schweppes

Bitter Lemon... €2.20

Tonic Water... €2.20

Mojito... €2.20

Fresh Local Iced Teas (Tettiera Collab.)

Melon Bliss... €3.45

Mewġa Helwa (Berry)... €3.45

Water

Still Water 500ml... €1.20

Sparkling Water 500ml... €2.20

Soft Drinks

Coca Cola... €2.20

Coca Cola Zero... €2.20

7up Diet... €2.20

Kinnie... €2.20

Kinnie Zero... €2.20

Fanta... €2.20

Beers

Cisk Lager... €2.50

Cisk Excel... €2.50

Cisk 0.0... €2.50

Shandy... €2.30

Hopleaf... €2.50

Stella Artois... €3.50

Quarter Bottle Wines

Pjazza Regina Red... €3.50

Pjazza Regina Rose... €3.50

Pjazza Regina White... €3.50

Glass of our House Wine... €4.00

Aperitif

Kinnie Spritz... €4.50

Aperol Spritz... €4.50